

**FREE ACCREDITED COURSE**

usually £320 per person.



**Location:**

**Happy Hub**

**23 Third Avenue**

**W10 4RS**

**2 day course**

**19th & 20th**

**June**

**9:00 am - 5:00 pm**

# **MENTAL HEALTH FIRST AID TRAINING FOR MEN**

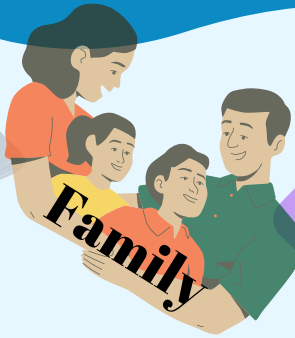
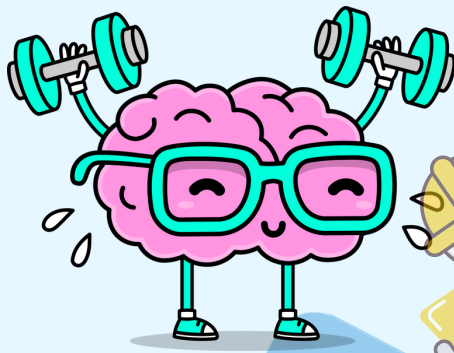
Learn to identify, understand, & help someone experiencing a mental health issue.

**To reserve a free place please text or email Kimberley on 07704157098 or [kimberley@pdt.org.uk](mailto:kimberley@pdt.org.uk)**

**Limited Spaces Available**

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**12th & 13th**

**March**

**9:00 am 5:00 pm**

**MENTAL HEALTH  
FIRST AID TRAINING**

**For Fathers**

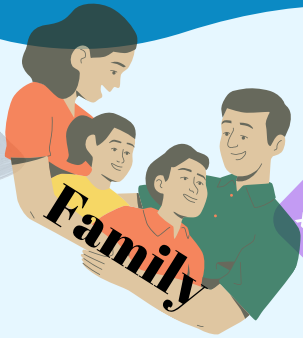
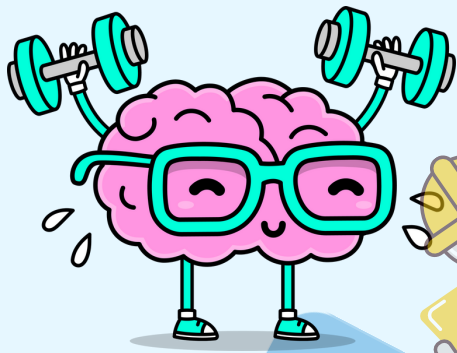
Understanding  
mental health  
can help us be  
better role models  
as fathers.

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